

Using Insect Repellents Safely

Insect repellents are very helpful in repelling pesky insects but require proper and safe use. Follow these tips when applying and using insect repellents:

- Read and follow the label directions to ensure proper use; be sure you understand how much to apply.
- Do not apply insect sprays over cuts, wounds, or irritated skin.
- Do not spray in enclosed areas.
- Apply repellents only to exposed skin and/or clothing. Do not use under clothing.
- Do not use it near food.
- Do not apply near eyes and mouth and apply sparingly around ears.