# **INVASIVE PLANT FACTSHEET**

EXTENSION

# Garlic mustard (Alliaria petiolata)

By Victoria Wallace, Alyssa Siegel-Miles, and Klaudia Sowizral UConn Extension

## **Identifying Features:**

- **OVERVIEW**: A vigorous, multi-stemmed **biennial** (two years to mature and set seed). Laboratory studies have found that garlic mustard releases chemicals that can inhibit the growth of neighboring plant species. A single plant can populate or repopulate an entire site (*Figure 1*).
- LEAVES: First year, basal rosette foliage is rounded with toothed margins (*Figure 2*). Up to 4 in. in diameter. The main leaf veins arise from a single point. Foliage has an odor of garlic when crushed. Basal rosettes remain green through fall and winter. Second year leaves on flower stalks are triangular, smaller, and alternately arranged.
- FLOWERS: Four-petaled white flowers appear in May to June on a stem above the foliage (*Figure 3*). Flower stalks emerge from the basal rosette in early spring of the second year and the plant dies after setting seed. Flower stalks can grow to a height of up to 3 ft., however, flowers can also appear on much shorter stems. Garlic mustard is commonly the only tall, broad-leafed, four-petaled white woodland plant blooming in early spring. Flowers are either self-pollinated or cross-pollinated by insects.
- SEED/FRUIT: The seed pods (siliques) are long, narrow, four-sided (*Figure 4*) and contain rows of small, black, oblong seeds.
- **ROOTS:** White tap root has an S-shaped curve at the top (*Figure 5*).
- REPRODUCTION: Reproduces by seed only. An average, single plant produces between 600-7,500 seeds. Soil disturbance aids in seed germination and establishment; populations are greater in disturbed sites.

#### Habitat:

Garlic mustard can thrive in a variety of climates and grows in full sun to full shade. It can survive in relatively dry to wet soil. The plant grows most aggressively in woodland areas with moist soil. It shoots up in early spring, posing a particular threat to spring ephemeral wildflowers.







From top: 1) invasion of garlic mustard in a forested area; 2) basal rosette juvenile stage (Photo by Alyssa Siegel-Miles); 3) mature plant with flowers; 4) seed pods (siliques); 5) basal rosette with S-root. Photos by Donna Ellis except where noted.



## Control:

**MECHANICAL CONTROL**: Can be easily hand-pulled during the growing season. **Scout for and pull garlic mustard in locations with few plants to control new invasions. Once flowers are evident, place removed plant material in bags and dispose of in garbage**. Plants can also be repeatedly cut at the ground level prior to seed formation (before May). **Reduction of an extensive seedbank will require at least 5-10 years of consistent effort** and sites should be monitored in following years. <u>Research from Cornell University</u> asserts that mechanical control of garlic mustard-infested areas is counterproductive, causing soil disturbance that encourages more growth of garlic mustard, while established garlic mustard populations decline with time on their own.

Garlic mustard flower. Photo by <u>Victoria Nuzzo,</u> <u>Natural Area Consultants,</u> <u>Buqwood.org</u>

**CHEMICAL CONTROL**: Follow label direction when using all chemical treatments. For large populations, a foliar application of a non-selective herbicide (e.g., glyphosate), may be

recommended. Applications made during the early spring (March-April), when garlic mustard is one of the few plants actively growing, are less likely to injure native plant material (be alert for emerging native plant growth).

**DIRECTED BURNING:** Prescribed fires have been considered as a means of control; however, effectiveness has been found to vary. Burning is most effective in fire-dependent plant communities, where native plants are able to germinate and re-establish after a fire. A single directed burning will not by itself eliminate an established garlic mustard population. However, repeated fires to suppress garlic mustard may be detrimental to existing or emerging native plants. Flame weeding may be considered as a first step in a control strategy, followed by hand-pulling in subsequent years.

**BIOLOGICAL CONTROL**: In Europe, populations of garlic mustard are managed by many native biological enemies. To date, in the United States, viable biological control options are still being evaluated. Refer to <u>CIPWG's Invasive Plant</u> <u>Management Calendar</u> for more information (<u>cipwg.uconn.edu</u>).

#### **Distribution:**

Garlic mustard is commonly found in the Northeastern U.S., south to Georgia, and scattered throughout the Midwest and regions in the Pacific northwest.

#### **Other Facts and Background:**

Garlic mustard is native to Europe and parts of Asia. Originally introduced from Europe as a source of food, the plant was first recorded in North America in Long Island, New York in 1868. Garlic mustard is edible for humans, but eaten by few native insect or animal species. Lack of predation has contributed to its ability to take over many woodland areas in the northeast.



EDDMapS. 2024. Early Detection & Distribution Mapping System. The University of Georgia - Center for Invasive Species and Ecosystem Health. Available online at <u>http://www.eddmaps.org/</u>; last accessed June 7, 2024.

**SOURCES:** Connecticut Invasive Plants Council. (2018, October). *Connecticut Invasive Plant List*. <u>https://cipwg.uconn.edu/wp-content/uploads/</u> <u>sites/244/2023/04/CT-Invasive-Plant-List-2018</u> <u>Scientific-Name.pdf</u>.

Garlic mustard: Alliaria petiolata (Bieb.) Cavara & Grande (n.d.). Invasive.org. Retrieved April 2021 from <a href="https://www.invasive.org/browse/subinfo.cfm?sub=3005">https://www.invasive.org/browse/subinfo.cfm?sub=3005</a>

New York Invasive Species (IS) Information. (2019, July 2). *Garlic Mustard*. Cornell Cooperative Extension & SeaGrant New York. <u>https://nyis.info/invasive\_species/garlic-mustard/#:~:text=Garlic%20mustard%20is%20a%20non,1868%20on%20Long%20Island%2C%20NY</u>

NY Invasives. (2021, February 26). When Doing Nothing is the Best Invasive Plant Management Tool [Video]. Youtube. <u>https://www.youtube.com/</u> watch?v=vRQal0Hq5nM

Sabin, I. O. & Polanin, N. (2013, September). *Identification, Control, and Impact of Garlic Mustard, Alliaria petiolata*. Rutgers Cooperative Extension Fact Sheet FS1212. New Jersey Agricultural Experiment Station. <u>https://njaes.rutgers.edu/fs1212/</u>

UConn Extension is committed to providing equal access and full participation for individuals with disabilities within all our programs and activities. Visit <u>s.uconn.edu/accessibility</u> for more resources. UConn is an equal opportunity program provider and employer. Updated June 2024. Funds to support the creation of this document were provided by the Crop Protection and Pest Management Extension Implementation Program [grant no. 2017-70006-27201/project accession no. 1013777] from the USDA National Institute of Food and Agriculture.



United States Department of Agriculture National Institute of Food and Agriculture

Munger, G. T. (2001). Alliaria petiolata. Fire Effects Information System, U.S. Department of Agriculture, Forest Service, Rocky Mountain Research Station, Fire Sciences Laboratory. <u>https://www.fs.usda.gov/database/feis/plants/forb/allpet/all.html</u>